

Survival Bio Rouven

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Survival Instructor Bio

Rouven Bürgel

Martial Arts background:

- Kickboxing
and Thaiboxing over 12 years
- Jiu
Jitsu, Japanese and Brazilian
- Mixed
Martial Arts

Achievements:

- Northern
Kickbox Champion 1999
- German
Kickbox Champion 2000
- European
Ranked 4 Kickboxer 01

- K1
Fighter 2002

Army
background:

- German
Army 2002-2006 (Airborne Division)
- Close
Protection Training South Africa
Johannesburg 2006
- Para
Medic Level 3 2006
- Handgun
and Hostage Rescue Specialist
- Personal
Training License 2006

Rouven
Buerger born and raised in Germany.

His
background includes a combination of Martial Arts, Army Training and Close
Protection skills that you won't find anywhere else.
Since the age of 15 Rouven spent every free
minute dedicated to learning the art of fighting. At age 20 Rouven
joined the army and made it to the rank of Sergeant in only 1 year. He was
member of the Division for Special Operations which reflected his availability
to fight anywhere in the world within 24 hours via Airborne Operations. He was
responsible for a group of 10 and trained them to survive in combat.

Rouven continued
his journey in Johannesburg (South
Africa) in a close protection course in a
realistic high thread environment. Here, he was required to protect

his clients in one of the most criminal-ridden cities in the world. Interpol International Crime Statistics Report states that Johannesburg has the most gun and knife fights in the world.

September

2006 Rouven arrived in Canada

for a new start. He was ready for another challenge. He came to a foreign country without knowing anyone. Armed with only his life experience, a laptop, and 200 words of English he managed to become the president of one of Toronto's fastest growing Personal Training businesses.

Not

only is he helping people one-on-one to achieve their fitness goals, he is also being featured on local TV shows and writing numerous fitness articles for local and international magazines.

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